



walk on.  
ephesians 4:1-3

# “Walking or Treading?”

---

## **Ephesians 4:1-3**

I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, <sup>2</sup> with all humility and gentleness, with patience, bearing with one another in love, <sup>3</sup> eager to maintain the unity of the Spirit in the bond of peace.

V. 1-“a prisoner for the Lord”

**1. The depth and urgency of your walk with God is sometimes connected to whom you compare yourself to.**

V. 1 “walk”

- περιπατήσαι (aorist active infinitive) aorist=snapshot/completed action, inf.=“verbal noun”

# “Walking or Treading?”

---

**2. Walking means you don't live FOR Jesus but you live WITH Jesus.**

**3. Paul is disintegrating the notion that being a “Christian” is anything less than what encompasses your whole life.**

V. 1 “worthy”

- “axiōs”- means “equal weight”;
- “worthily” implies a standard, a measure, to which the readers are expected to conform

# “Walking or Treading?”

---

**2. Walking means you don't live FOR Jesus but you live WITH Jesus.**

**3. Paul is disintegrating the notion that being a “Christian” is anything less than what encompasses your whole life.**

V. 1 “worthy”

- “axiōs”- means “equal weight”;
- “worthily” implies a standard, a measure, to which the readers are expected to conform

**4. He's not just saying balance out your life, rather make sure nothing else “unbalances” your walk by adding to or detracting from HIS calling.**

# “Walking or Treading?”

---

**5. Our personal conduct does not live isolated from corporate responsibility.**

V. 1 “calling and called”

**6. Your walk is directly related to your understanding of God’s calling. If you don’t understand what calling is you can do walking.**

V. 2 “In humility”

- In Greek culture, humility was thought of as a vice, to be practiced only by slaves

# “Walking or Treading?”

---

## **“gentleness”**

- This is the opposite of self-assertion, rudeness, and harshness. It suggests having one’s emotions under control. But it does not suggest weakness. It is the mean between one who is angry all the time and one who is never angry.

## **“patience”**

- never giving in even in times of adversity
- It is the self-restraint which does not hastily retaliate a wrong

# “Walking or Treading?”

---

**7. The form of our life is connected to fruit that flows from our life.**

**V.3 “eager to maintain”**

- (present participle)-means we must constantly be endeavoring to maintain this unity

**v. 3 “Unity of the spirit”**

- Concern for peace will mean that Christians will lovingly tolerate each other, even when they have differences.

**8. The more lowly-mindedness the more like-mindedness.**