Become Transformed from Sorrow into Joy

John 16:16-24



- In a world of sorrow, we're pretty interested in joy!
- 5 times Christ will talk about joy
- Charis= grace; a supernatural gift from God
- Not a mind game, but perspective matters



John 16:16-18 New American Standard Bible

¹⁶ "A little while, and you will no longer see Me; and again a little while, and you will see Me." ¹⁷ Some of His disciples then said to one another, "What is this thing He is telling us, 'A little while, and you will not see Me; and again a little while, and you will see Me'; and, 'because I go to the Father'?" 18 So they were saying, "What is this that He says, 'A' little while'? We do not know what He is talking about."



- Why can't they figure this out?
- Without the Holy Spirit we are all like this
- Joy comes from the Holy Spirit working in us
- Living like Christ means giving ourselves away to comfort others even in our suffering and pain
- A sharpness and clarity comes from that



John 16:19-20 New American Standard Bible

¹⁹ Jesus knew that they wished to question Him, and He said to them, "Are you deliberating together about this, that I said, 'A little while, and you will not see Me, and again a little while, and you will see Me'? 20 Truly, truly, I say to you, that you will weep and lament, but the world will rejoice; you will grieve, but your grief will be turned into joy.



John 16:21-22

New American Standard Bible

²¹ Whenever a woman is in labor she has pain, because her hour has come; but when she gives birth to the child, she no longer remembers the anguish because of the joy that a child has been born into the world. 22 Therefore you too have grief now; but I will see you again, and your heart will rejoice, and no one will take your joy away from you.



- This story is the focal point of the passage
- Summary: Joy comes from *transforming* sorrow into joy NOT from substitution
- God doesn't remove the mother's pain she transforms it
- We often approach God for a new thing that leads to immaturity and an inability to deal with reality
- When it doesn't happen, we often get angry and bitter and hold God responsible



- Christ has illustrated this throughout John
- It is a common theme in many books and movies
- Joy comes as God transforms or sorrow into joy
- Verse 20: Tolkien called this eucatastrophe
- Verse 19: Christ can't wait to teach them and respond to their deepest need
- At that hour, what would they pray?
- At your hour, what would you pray?
- Verse 22: Who/what is taking your joy?



John 16:23-24 New American Standard Bible

²³ In that day you will not question Me about anything. Truly, truly, I say to you, if you ask the Father for anything in My name, He will give it to you. ²⁴ Until now you have asked for nothing in My name; ask and you will receive, so that your joy may be made full.



- What does prayer have to do with joy?
- To share in His joy by standing firm
- To partake in His work as He opens the hearts and minds of those around you
- This joy is a gift from the Lord, completed by Christ and can't be undone
- It's eternal and supernatural
- God's in the business of transforming sorrow into joy



- Psalm 30:10-12
- Isaiah 61:3
- Galatians 3:13-14
- Who is taking your joy?
- Hebrews 10:34
- God gives us joy, for us, to His glory, and for others
- ² Corinthians 1:4&6



- Regardless of your circumstances, past, pain, future...
- You can talk to your Father
- Talking to Him is better than not talking at all
- Talk with God to match your heart to His
- Where has catastrophe stolen your joy and your witness has suffered?
- What catastrophe might God transform into joy (eucatastrophe)?





PENITAS 6/3-6/8:

Registration deadline extended through May 30

\$240 per student Scholarships available!

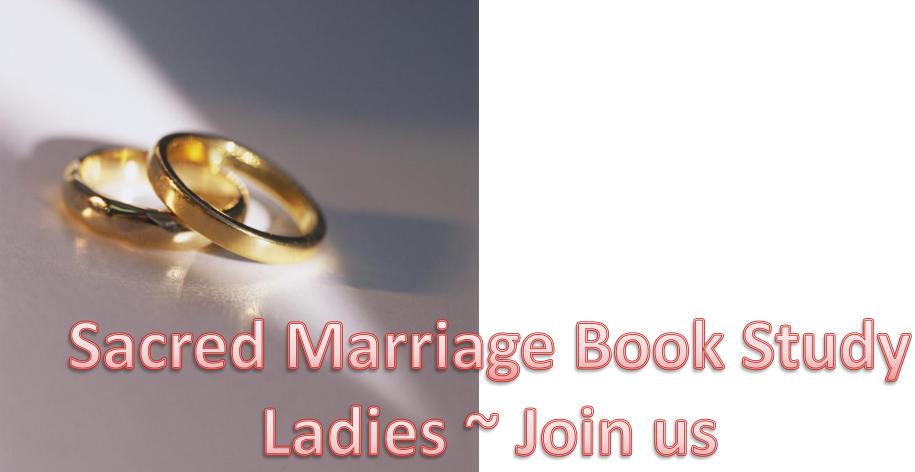
Parent Meeting: THIS WED @ 7:45 PM

Men's Bible Study Titus

Two Sessions:

Tuesdays @ 6 AM Greatwood Chick-Fil-A Wednesdays @ 6:30 PM The Sanctuary Fellowship

Contact Bennett Murff for more info bennettmurff@gmail.com



Ladies ~ Join us

Mondays @ 9:30 @ TSF

\$20 for book & childcare





Fun in the Son!
6/6 @ 10 AM
Please see your
bulletin for details

Vitameal: Providing nourishing food for Children in poverty

